

HEBREW DAY INSTITUTE

CLUB ED

After School Activities

January - June 2010

KARATE – Learn and practice skills that will improve balance, flexibility, body-control, and timing, while attaining self confidence and knowledge of the history of Martial Arts. (Uniform not required)

Dates: **January 11 through May 24** (14 SESSIONS) note: Class will not meet 3/15/10 & 5/3/10

Day: **MONDAYS**

Time: 3:45 to 4:45

Level: Grades K - 6

Costs: \$140 Club ED member/ \$165 non Club ED member

KNITTING/CROCHETING – Learn basic knitting and crocheting skills and make a scarf, kippah, or small pot holder while enjoying the company of your friends. Provide your own yarn and number 10 or above knitting needles.

Dates: **February 9 through March 23** (7 SESSIONS)

Days: **TUESDAYS**

Time: 3:45 to 4:45

Level: Grades 3 - 6

Costs: \$70 Club ED member/ \$95 non Club ED member

TECHNOLOGY – Learn and explore the virtual world of technology without limits while utilizing the computer lab in a fun-filled educational atmosphere.

Dates: **January 12 through May 25** (15 SESSIONS) note: Class will not meet 2/23/10 & 3/16/10

Day: **TUESDAYS**

Time: 3:45 to 4:45

Level: Grades K - 6

Costs: \$100 Club ED member/ \$125 non Club ED member

ISRAELI FOLK DANCING – Enjoy the different aspects, techniques, and styles of Israeli Folk Dancing while experiencing energetic and lively people. Learn over 15 dance routines.

Dates: **January 13 through May 26** (15 SESSIONS) note: Class will not meet 3/17/10 & 3/24/10

Day: **WEDNESDAYS**

Time: 3:45 to 4:45

Level: Grades K - 6

Costs: \$125 Club ED member/ \$150 non Club ED member

CHESS CLUB – Develop analytical and decision making skills that can transfer to real life situations and have fun playing a game that millions of people around the world enjoy.

Dates: **January 7 through March 11** (10 SESSIONS)

Days: **THURSDAYS**

Time: 3:45 to 4:45

Level: Grades K - 6

Costs: \$85 Club ED member/ \$110 non Club ED member

GIRL SCOUTS – Learn and emulate traditions, routines, arts & crafts, and games of the world renowned Girl Scout Organization.

Dates: **TBA**

Days: **THURSDAYS**

Time: 3:30 to 4:45

Level: DAISIES (grade 1) BROWNIES (grades 2 - 3) JUNIORS (grades 4 - 6)

Costs: See troop leaders for registration and payments

SPRING ACTIVITIES

POM POM CLUB – Perform basic cheers and routines of POM POM squads that will enhance flexibility, balance, and rhythmic dance skills.

Dates: **March 23 through June 1** (8 SESSIONS)

Days: **TUESDAYS**

Time: 3:45 to 4:45

Level: Grades K - 6

Costs: \$70 Club ED member/ \$95 non Club ED member

SPORTS CLUB – Participate in tee-ball, baseball, basketball, team-handball, soccer, and utilize game strategies, skills, and sportsmanship through fun game play.

Dates: **March 25 through June 3** (8 SESSIONS)

Day **THURSDAYS**

Time: 3:45 to 4:45

Level: Grades K - 6

Costs: \$70 Club ED member/ \$95 non Club ED member

ADULT ACTIVITIES

HEBREW For BEGINNERS– Learn the basics of writing and speaking one of the ancient languages of Israel and move toward understanding Hebrew with your child.

Dates: **February 8 through May 24** (12 SESSIONS) note: Class will not meet 3/15/10

Days: **MONDAYS**

Time: Contact Robert T. if you are interested and we will set a mutually agreed upon time

Level: Adults only

Costs: \$125 (Payment Deadline: 2/5/10)

YOGA – Practice one of the ancient methods of meditation and improve flexibility, concentration and relaxation techniques and relieve unneeded stress. (Participants must supply their own yoga mats)

Dates: **February 9 through May 25** (12 SESSIONS) note: Class will not meet 3/15/10

Day: **TUESDAYS**

Time: Contact Robert T. if you are interested and we will set a mutually agreed upon time

Level: Adult only

Costs: \$125 (Payment Deadline: 2/5/10)

NOTES: Registration and payments are required prior to participation in all activities (please see attached portion for details). Payments are non-refundable upon attending the first session of an activity. Payments may not be prorated or discounted if a class is missed for any reason. **(PAYMENT DEADLINE: January 8 unless other wise noted)** **ALL AFTER SCHOOL ACTIVITIES REQUIRE A MINIMUM ENROLLMENT OF 8 STUDENTS.** Activities that do not meet the minimum enrollment requirement prior to the first scheduled session are subjected to cancellation. Students participating in after-school activities should go directly to the first grade classroom upon being dismissed after school (unless otherwise noted). A snack is provided for each after school activity. Students should demonstrate appropriate school behavior while attending after school activities. Not demonstrating proper school behavior while attending an activity will result in participation termination and forfeiture of payment. All students should be picked up promptly after an activity from the first grade classroom (unless otherwise noted). Students that are not picked up promptly after an activity will be sent to the Club ED after school program. A \$30.00 daily drop-in fee will be charged for all students attending Club ED after the conclusion of an activity (NO EXCEPTIONS). This fee is due when you pick up your child(ren) that day. If a paid activity is canceled for any reason, the makeup dates(s) will be one week after the final scheduled class meets (unless otherwise noted).

REGISTRATION FORM (CLUBS/ ACTIVITIES)

RETURN FORM AND CHECK PAYABLE TO HEBREW DAY INSTITUTE RE: CLUB/ACTIVITY

NAME: _____ NAME: _____

Check

Circle

- KARATE (\$140 Club ED member/ \$165 non Club ED member)
- KNITTING/CROCHETING (\$70 Club ED member/ \$95 non Club ED member)
- TECHNOLOGY (\$100 Club ED member/ \$125 non Club ED member)
- ISRAELI FOLK DANCING (\$125 Club ED member/ \$150 non Club ED member)
- CHESS CLUB (\$85 Club ED member/ \$110 non Club ED member)
- GIRL SCOUTS: Brownies/Juniors (See troop leaders for registration and payments)
- POM POM CLUB (\$70 Club ED member/ \$95 non Club ED member)
- SPORTS CLUB (\$70 Club ED member/ \$95 non Club ED member)
- HEBREW FOR BEGINNERS/Adults only (\$125)
- YOGA/Adults only (\$125)

TOTAL ACTIVITIES ENROLLED IN: _____ TOTAL AMOUNT PAID: _____

STUDENT(s) WILL BE (PICKED-UP AFTER ACTIVITY/ ATTEND CLUB ED AFTER ACTIVITY)

PARENT SIGNATURE: _____ DATE: _____

QUESTIONS OR COMMENTS PLEASE CONTACT rthompson@hebrewdayinstitute.org